Post-Op Instructions For Cystoscopy & Litholapaxy

It is important to drink plenty of clear fluids over the next several days.

You may or may not have an indwelling foley catheter. If you do you may notice some bleeding around the catheter site. It is usually a small amount and is coming from the bladder. The urine in the drainage bag may be bloody and is expected. The blood in the urine will dissipate over the next few days.

Whether or not you have a catheter you can expect to feel the urge to urinate more frequently and may experience a burning sensation with urination. Bladder spasm can also occur following this procedure. Soaking in a tub bath of warm water will help to alleviate these spasms. If the spasms cause severe discomfort please call your physician.

Your physician may have used the laser to break up the bladder stone. In this case you may notice tiny stone fragments in your urine.

If you do not have an indwelling foley catheter and are unable to urinate call your physician. If you do have a catheter and it is not draining well first be sure that it is not kinked as this will affect proper drainage. If it is still not draining call your physician.

You will be advised by your physician when to resume taking any blood thinning products and other medications.