



Parkway Surgery Center

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Post-Op Instructions For A Penile Prosthesis Implant

Keep your dressing clean, dry, and intact until you are instructed to remove it. No additional dressing will be necessary unless otherwise indicated. You may also have a surgical drain from the operative site which you will either be taught to remove at home or may be removed at the physician's office. The stitches in your incision will dissolve on their own.

You may or may not have an indwelling foley catheter postoperatively. You may be taught by your recovery room nurse on how to remove the catheter at home or you may need to return to your physician's office for removal by a nurse.

Apply ice to the surgical area for the first 24-48 hours. Ice should be applied for 20 minutes on then 20 minutes off. Ice SHOULD NOT be left on continuously.

You may shower in _____days. Avoid strong water pressure flow from the shower head and do not scrub with soap or a face cloth. No tub baths or swimming in the pool or the ocean is permitted until instructed by your physician.

You have been given a prescription for pain medication. It is VERY IMPORTANT to take it regularly and as prescribed to avoid unnecessary discomfort. It is normal to experience some bruising, redness, and swelling after having this procedure.

Rest is very important for the first day or two after surgery. After that, you are encouraged to be up and around; however, do not engage in any strenuous activities. No sexual intercourse, running, outdoor sports, heavy housework, outdoor maintenance, or heavy lifting until advised by your physician. DO NOT activate your implanted device until instructed by your physician.

If you experience severe pain, excessive bleeding, difficulty with urination, oozing of green or yellow drainage from the incision site, significant redness/swelling/warmth at site, or a fever greater than 101 F please contact your physician.